



Becoming an Outdoors-Women in Maine 2010 WORKSHOP REGISTRATION FORM



Please sign me up for the following course(s):

- | | |
|--------------------------------------------------------------------------------------|----------|
| <input type="checkbox"/> Winter Skills Weekend (February 13-14, 2010) | \$150.00 |
| <input type="checkbox"/> Archery Workshop at the Sportsmans BARR (February 27, 2010) | \$25.00 |
| <input type="checkbox"/> Snowshoeing Workshop (March 6, 2010) | \$35.00 |

Name: _____ Phone: _____

Mailing Address: _____

Email Address: _____

Total Payment Enclosed: _____

Winter Skills Weekend

Become more comfortable in Maine's cold weather woodlands! This workshop will provide instruction and field practice in several wintertime essential skills. The two-day workshop will cover map and compass, orienteering, building snow shelters, wilderness first aid, selecting, maintaining and using snowshoes, observing animal sign, cooking over an open campfire and selecting appropriate outdoor clothing for winter. Lodging is available on Friday night (February 12) for \$35, which will include breakfast Saturday morning before the workshop begins. Visit the Southern Maine Guide Service online at www.southernmaineguideservice.com.

Archery Workshop

The knowledgeable staff at the Sportsman's BARR will give personalized instruction on how to use traditional and compound bows. Learn how to choose the right bow, how to sight it in, how to tune your equipment and what accessories are available and useful. Participants will also have ample opportunity for target practice and will learn what to do to further enjoy the sport.

Snowshoeing Workshop

Snowshoeing is an excellent way to get out and enjoy Maine's outdoors during the winter season and get some exercise while you're at it. This course will cover equipment, gear and technique and will allow participants to go on a guided snowshoe hike through the woods for the afternoon. Map & Compass skills will also be covered as well as orienteering while snowshoeing. Participants are encouraged to bring "friendly" dogs along for the trip!

Send Completed Form and Payment to:

Emily Jones, BOW Coordinator
Maine Department of Inland Fisheries & Wildlife
284 State St, SHS 41
Augusta, ME 04333-0041
(207) 287-8069
emily.jones@maine.gov

Please make checks payable to: Treasurer, State of Maine/BOW